

## **Aleksandra Jarosz - reference letter**

I had the privilege of working with Ola on the development of our Wellness Pathway product—an initiative aimed at enabling employees to engage in meaningful self-reflection, identify areas for personal growth, and provide a structured coaching model. Ola's unique blend of expertise in psychology and real-world coaching made her invaluable to our team.

From day one, Ola immersed herself in the project, proving to be an incredibly collaborative and insightful team player. She went above and beyond to provide strategic guidance, working seamlessly with our designers and technologists to go from concept to a minimum viable product (MVP).

What sets Ola apart is working collaboratively with designers and technologists. Ola's ability to collaborate with this interdisciplinary team has not only enhanced the wellbeing of our employees but also strategically aligned with our broader organisational goals. Together, they developed a coaching model that has proven exceptionally effective for our digital-savvy workforce.

Ola's gift for making psychological principles accessible and actionable is remarkable. She's an excellent communicator, and her approach has significantly elevated the impact of our wellness initiatives in our business.

If you have the opportunity to work with Ola, take it. She is a game-changer in the fields of employee wellness and coaching, and any organisation would be lucky to have her.

Jon Stanners,  
CEO & Founder  
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